

User guide

Freiheit® freedom walking frame

Code: 1545, 1546



Code: 1545



Code: 1546



Intended use

The Freiheit Freedom walking frame is intended to provide support and stability for individuals with reduced mobility during walking and standing activities. It may also assist with transfers such as sitting down and standing up and is intended for use on flat indoor and outdoor surfaces.

Definitions



WARNING! Failure to heed this warning may result in damage to the product or serious injury to the operator/user.



CAUTION! Beware of pinch points.



ATTENTION! Read and understand the instructions in the user guide before using the product.

Safety warnings



WARNING! The decision to use this walking frame should always be guided by a qualified Health Care Professional, who can also advise and assist with the correct height adjustment and usage instruction.



ATTENTION! This user manual must be read before using the walking frame. Severe injury or death may result if user instructions, maintenance instructions and product warnings are not followed.



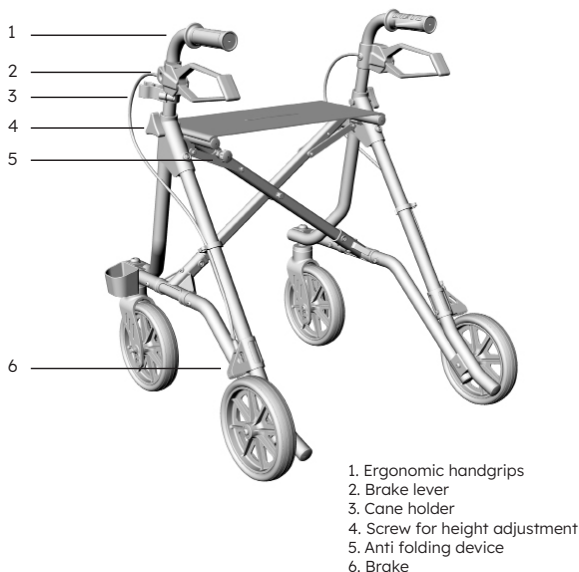
CAUTION! Fingers or other body parts can be trapped between the walking frame's folding mechanism during operation. Be extremely careful when adjusting the walking frame. Observe the dimensions of gaps between the walking frame's elements to avoid trapping your fingers or other body parts.

- Maximum user weight is 150kg.
- Instruction and practice are necessary for successful use of the walking frame.
- DO NOT sit on the seat for long periods. (It is designed as a limited seating function for temporary rest).
- Ensure handbrakes are fully operational before each use.
- The walking frame can be used indoor and/or outdoor on flat surfaces.

- Use the walking frame only for the purpose it is intended for.
- DO NOT stand on the walking frame.
- DO NOT hang anything from the walking frame.
- Ensure left and right handles are level to avoid instability problems.
- DO NOT use the walking frame until the handles are properly adjusted and securely tightened.
- Always lock brakes when sitting on the walking frame.
- DO NOT use the walking frame as a wheelchair; doing so may cause a tip over, resulting in injury.
- DO NOT use to pull-up on. This is not a transfer aid.

List of components

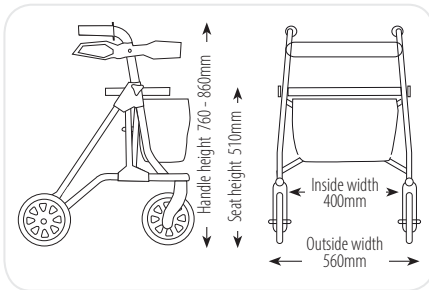
The Freiheit Freedom walking frames are supplied in boxes and come folded, for easy transportation. The contents include one complete walking frame folded, one bag and one user guide.



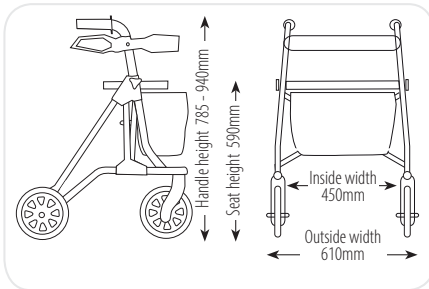
Product specifications

	Narrow - 1545	Standard - 1546
Maximum user weight	150kg	150kg
Adjustable handle height	760 – 860mm	785 – 940mm
Seat height	510mm	590mm
Overall width	560mm	610mm
Inside width	400mm	450mm
Approx. frame weight	6.4kg	6.4kg
Folded width	240mm	240mm

Ordering Code: 1545



Ordering Code: 1546



Product labels

Labels marked on the product and their meanings

Cubro® Freiheit Freedom Narrow Product code: 1545		Cubro® cubro.co.nz	Inspected Serial No. XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX
   150kg	 560mm		

	Refer to instructions for use		Indoor and outdoor use
	Total width		Safe working load

WARNING! All labels must remain readable. Contact Cubro to immediately replace unreadable or missing labels. The serial number label is very important for identifying the product. It must not be removed.

Instructions for use

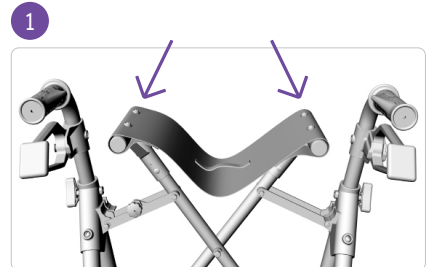


CAUTION! Beware of pinch points.

Setting up/unfolding the walking frame

Place the walking frame in front of you in the direction of travel and put the parking brake on.

Using both hands, press the tubes on either side of the seat down to the left and right until the folding mechanism clicks into place(1).

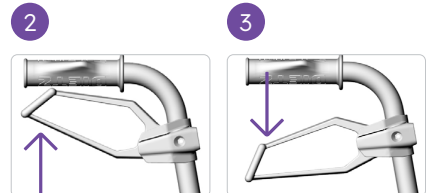


Attach the mesh bag, bag or basket to the appropriate fittings.

Brakes

Service brake (when pushing):
Pull the brake lever up (2).

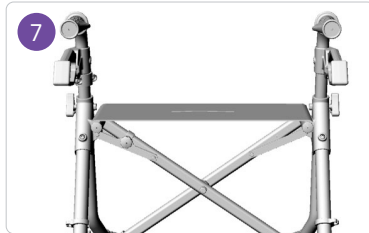
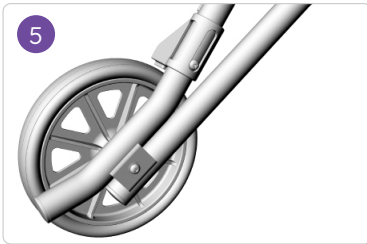
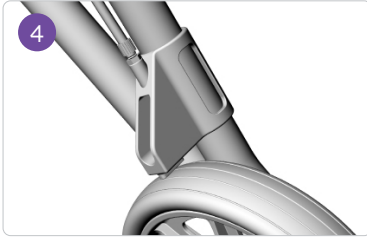
Parking brake (for parking):
Press the brake lever down (3).



WARNING! When using the walking frame in a stationary position, the hand brakes **MUST** always be locked.



WARNING! Seek advice from a qualified health professional for the appropriate height to suit your needs.



Brake settings

The brake is set correctly if there is no play in either the brake lever or the Bowden cable and if the wheels turn without rubbing or grating.

The braking strength can be adjusted using the set screw on the Bowden cable for the brake blocks on the back wheel (4).

Curb climber

Pressing your toe down on the extended frame makes it easier to lift the front wheels (to negotiate curbs, for example) (5).

Grip handle adjustment

- Loosen the height adjustment screw and remove it from the frame.
- Adjust the handles to the correct height (see opposite page).
- Place the screw in the correct position and tighten it firmly (6).

Folding up your walking frame

- Loosen the locking pin under the seat.
- Pull the folding strip in the middle of the seat and the walking frame will fold up (7).

Selecting the appropriate height



WARNING! Seek advice from a qualified health professional for the appropriate height to suit your needs.

It is important to set the walking frame to the correct height therefore it is always best to seek guidance from your Health Care Professional for the appropriate height level to suit your needs. When the frame height is correct the user should be able to maintain an upright posture with the elbow slightly flexed. In this way, body weight is taken through the frame by pushing down on the frame when walking.

The general guide is:

1. Stand with your arms relaxed at your side.
2. The top of the walking frame handle should be aligned with the wrist. (You can also align with the hip joint area but the wrist measurement is more often correct.)
3. The user should not have their shoulders raised or dropped when using the walking frame.



CAUTION! Beware of pinch points when adjusting any of the walking frame functions.

Care and maintenance

Cleaning

- Clean the walking frame regularly with a damp cloth.
- Use a mild washing agent and warm water for excess dirt build up.
- Do not use harsh abrasives or bleach based agents which may cause damage or discolouration

Wheels

- Clean wheels with a mild washing agent and warm water.

- Lubricate with multi-purpose oil periodically or if wheels begin to squeak.

Maintenance

- Ensure that every part of the walking frame is secure at all times.
- Check all screws for tightness. If not, tighten if necessary.
- Replace any broken, damaged or worn items immediately.

Maintenance schedule

Weekly	Periodically	
• Check brake function • Check all wheels, nuts and bolts are secure	• Check handgrips for wear • Check folding hinge bolts are secure • Check front and rear axle bolts are secure • Check frame for wear or cracks • Check wheels for damage or splitting • Check seat for wear. Ensure it is secured correctly to the frame	
Yearly	Serviceable Components	
• Take the walking frame to an authorised dealer for a full check, clean and service.	• Hand grips • Wheels • Brake cables • Seat	• Brake handles • Bearings • Nuts and bolts



WARNING! If faults are found during any inspection remove from use immediately.



WARNING! Do not make any changes or modifications to this product without consultation from your Cubro agent.

Disposal

Products that can no longer be used are to be disposed of separately from household rubbish. This must be done according to the local and national regulations for environmental protection and raw material recycling. Please look at your local council's website for further information on the correct disposal.

Servicing

For any servicing, maintenance and troubleshooting queries, please contact the Cubro Service Department:

0800 656 527 | +64 7 578 7228 | sales@cubro.co.nz | cubro.co.nz
149 Taurikura Dr, Tauriko, Tauranga, NZ

Warranty

Cubro Ltd warrants the product to be free from defects in materials and workmanship from the date of purchase for a period of 1 year (12 months). Please refer to cubro.co.nz for terms and conditions.

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